



► INFO TRAVEL

About Peru

Political situation

Peru is a democratic republic.

Population & Geography

Peru has more than 27 million inhabitants, of which a third lives in the capital: Lima. Peru is the third largest country in South America. It is crossed from the North to the South by the Andes Mountain chain.

Climate

In the Andes the rainy season lasts from December to April. The dry period is from June to September where the days are sunny and pleasant (18 to 20 °C) but the nights are cold. On the other hand, in the coast almost never rains all year round.

Entry/Exit Requirements

Canadian and USA citizens need a passport valid for 6 months. Citizens of other nationalities might get this information from a Peruvian consulate in their countries.

Currency

The Peruvian currency is the Nuevo Sol. For travelling, American Dollars are preferable to Euros. Only bills in perfect condition are accepted.

Language

Spanish is the most common language in Peru. Some people speak English and a few speak French. In the highland rural areas, population speaks local languages, particularly Quechua.

Voltage

The voltage is 220 Volts / 60 Hertz, so an electrical adapter is necessary most of the time.

Health Information

Immunizations & Vaccines

If you are not visiting the jungle or the far north you will not need to worry about malaria or yellow fever. However, hepatitis and typhoid should be considered. Check with your doctor for more information.

Altitude sickness

The most common problem that travellers encounter in the Andes is altitude sickness. In order to mitigate or avoid the effects, we recommend to eat light and keep hydrated; keep up your sugar levels with candies or sweets; get rest and try to avoid strenuous activities; and avoid smoking and drinking alcohol.

Sunburns

Skin can burn much quicker in the thinner air of the Andes. We recommend bringing sunscreen and a hat for the sun. Lips also tend to become dry and chapped at altitude so a lip balm will prove useful.

Fitness

The tours are not strenuous but do require a basic level of fitness since there will be a degree of walking on parts of the trip at altitude.